

Tzu Chi Santa Rosa Wishes You a Blessed June!

慈濟聖塔羅莎祝福您六月吉祥！

We sincerely thank you for your support.

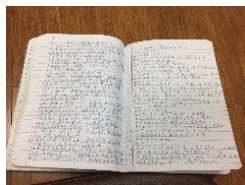
我們虔誠感恩您的支持。

You and family/friends are cordially invited to our events.

敬邀您和家人/朋友們光臨我們的活動。

**Regular Events 固定活動**

Every Monday 每周一



5:30 ~ 6:30 am Wisdom at Dawn: The Wondrous Lotus Sutra Interpreted by Founder Master Cheng Yen

晨鐘起，薰法香：靜思妙蓮華  
慈濟創始人證嚴法師講述法華經



7:30 ~ 8:30 am @ 600 Morgan (Prep @ Office 6:30 am)  
Breakfast and Haircut Services for Street Friends

每周街友早餐發放及美髮服務  
Walking Meditation, *Jing Si Aphorism*  
繞佛繞法，步步生蓮，靜思語



12 ~ 2 pm Great Love Community Lunch 大愛社區午餐  
@ 1421 Range Ave, Burbank Housing Community Center  
Build fun and healthy community. Spread gratitude, respect, and love. 建設有趣又健康的社區。傳播感恩, 尊重, 愛

Mon & Thurs  
周一 & 四  
6/6, 27



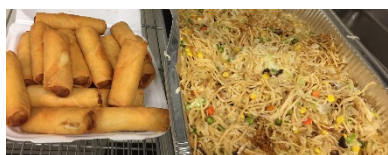
10 ~ 11 am Tai-Chi Qi-Gong 18 Breathing Exercises  
太極氣功十八式，吳太極第二代傳人教授  
Taught by 2<sup>nd</sup> Generation Wu Style Tai-Chi Disciple

Thursday  
周四  
6/13, 27



5 ~ 6 pm Vegan Potluck Dinner 晚齋  
6 ~ 7 pm English Book Club 英文讀書會  
*Power of Heart* 心的力量 *Dharma as Water* 法譬如水

Third Monday 第三周一  
6/16



Monthly Sonoma Haven Dinner Service  
每月所諾瑪街友庇護所晚餐發放  
Prepare @ Office 2:30 pm Deliver and Serve 4:30 ~ 6 pm

Third Friday 第三周五 6/21



Monthly Family Support Center Dinner Service

每月天主教家扶中心晚餐發放

Pack @ Office 2:30 pm. Cook, Sing "Love and Care",  
and Serve @ 465 A St. 3 ~ 6:30 pm.

New Volunteer Orientation and Proper Attire Required

**Special Events 特別活動**

First Saturday 第一周六 6/1



1 ~ 2 pm Monthly Birthday Celebration 每月慶生會  
Vegan Potluck Lunch 素菜分享午齋

2 ~ 3 pm Monthly Business Meeting 月會  
Bring gratitude, respect, and love to our community  
合心協力在社區傳播感恩, 尊重, 愛

Monday 周一 6/3



Lunar 1<sup>st</sup> 農曆初一 10 am ~ 1 pm Meditation, Sutra  
Recitation, Prayer for the World, Vegan Potluck Lunch

靜坐, 誦經, 為天下祈福, 午齋

The Sutra of Infinite Meanings 無量義經



All Event and Appointment Time 所有活動及預約時間

Jing Si Book Store 靜思書軒

Tzu Chi Books, Green Products, Organic Vegan Food  
Products 慈濟書刊, 環保產品, 有機素食

All religions, races, ... are welcome. 歡迎所有宗教, 種族, ...

Events are at our office, 1615 Cleveland, unless specified. 活動大多在會所.

Our webpage: [www.tzuchisantarosa.org](http://www.tzuchisantarosa.org) 我們的網頁

Event updates: [calendar-of-events](#) 活動變更請看行事曆

Questions? 707-546-1945 or [tzuchinorthbay@gmail.com](mailto:tzuchinorthbay@gmail.com) 詢問電話及電郵

Ai-Chu Wu, Director 負責人吳愛珠 (慮惜)