

Tzu Chi Santa Rosa Wishes You a Blessed April!

慈濟聖塔羅莎祝福您四月吉祥！

We sincerely thank you for your support!

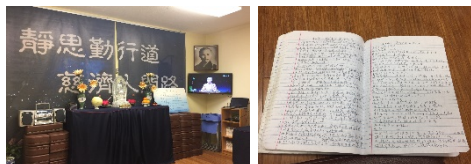
我們虔誠感恩您的支持！

You and family/friends are cordially invited to our events:

敬邀您和家人/朋友們光臨我們的活動：

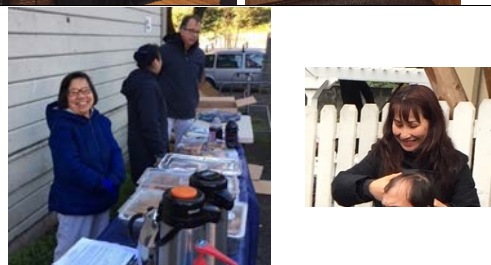
Regular Events 固定活動

Every Monday 每周一



5:30 ~ 6:30 am Wisdom at Dawn: The Wondrous Lotus Sutra Interpreted by Founder Master Cheng Yen

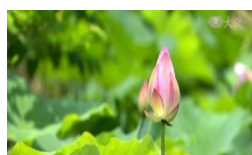
晨鐘起，薰法香：靜思妙蓮華
慈濟創始人證嚴法師講述法華經



7:30 ~ 8:30 am @ 600 Morgan (Prep @ 6:30 am)
Breakfast and Haircut Services for Street Friends

每周街友早餐發放及美髮服務
Walking Meditation, *Jing Si Aphorism*
繞佛繞法，步步生蓮，靜思語

Mondays &
Thursdays
周一 & 四



10 ~ 11 am Tai-Chi Qi-Gong 18 Breathing Exercises
太極氣功十八式，吳太極第二代傳人教授
Taught by 2nd Generation Wu Style Tai-Chi Disciple

Thursday
周四
(4/18)



5 ~ 6 pm Vegan Potluck Dinner 晚齋
6 ~ 7 pm English Book Club 英文讀書會
Power of Heart 心的力量 Dharma as Water 法譬如水

Mondays, Thursdays, &
Appointments 周一，四，&
預約 (707-546-1945)

11 am ~ 1 pm Jing Si Book Store 靜思書軒
Tzu Chi Books, Green Products, Organic, Vegan Food
Products 慈濟書刊，環保產品，有機素食

Second
Sunday
4/14



3 ~ 4:30 pm Forestview Creek Cleaning
清潔林景溪 Carpool @ Center 2:40 pm
RSVP by Friday (707) 546-1945

<p>Third Monday 4/15</p> 	<p><u>Monthly Sonoma Haven Dinner Service</u> 每月所諾瑪街友庇護所晚餐發放 Prepare @ Office 2:30 pm Deliver and Serve 4:30 ~ 6 pm</p>
<p>Third Friday, 4/19</p> 	<p><u>Monthly Family Support Center Dinner Service</u> 每月天主教家扶中心晚餐發放 Pack @ Office 2:30 pm. Cook, Sing "Love and Care", and Serve @ 465 A St. 3 ~ 6:30 pm. New Volunteer Orientation and Proper Attire Required</p>
<p>Special Events 特別活動</p>	
<p>Saturday, 4/6</p>  	<p>1 ~ 2 pm <u>Birthday Celebration</u> 每月慶生會 Vegan Potluck Lunch 素菜分享午齋 2 ~ 3 pm <u>Monthly Business Meeting</u> 月會 Bring gratitude, respect, and love to our community 合心協力在社區傳播感恩，尊重，愛 3 ~ 5 pm <u>New Volunteers Orientation</u> 新志工講習 First step to be a volunteer. Check in by 2:55 pm 志工第一步，請五分鐘前入座</p>
<p>Friday, 4/19, Lunar 15th</p>  	<p>10 am ~ 1 pm <u>Meditation, Sutra Recitation, Prayer for the World, Vegan Potluck Lunch</u> 靜坐，誦經，為天下祈福，午齋 <u>Preface of the Lotus Sutra</u> 拜法華經序</p>
<p>Special Reports with a Click: 特別報導聯結 Camp Fire Memorial 天堂鎮大火追思 Chico New Volunteer Workshop 溪口新志工講習 Russian River Flood 俄羅斯河大水 2019 TIMA Global Forum 全球人醫會</p>	
<p style="text-align: center;">歡迎所有宗教，種族，。。。 All religions, races, ... are welcome!</p> <p>我們的網址 Our webpage: www.tzuchisantarosa.org 活動變更請看行事曆 Event updates: http://www.tzuchisantarosa.org/calendar-of-events 詢問電話及電郵地址 Questions? 707-546-1945 or tzuchinorthbay@gmail.com 負責人吳愛珠 (慮惜) Ai-Chu Wu, Director</p>	